

Bamberg Birchview Lanes Bowling Center

Bldg. 7690



New!

Customer Appreciation Night

July 19, 6 p.m. All games \$1 and free shoe rental!

3 Into 4 Tournament

July 7, 12 p.m. \$20

King of the Hill

July 21, 11 a.m. \$40

Wednesdays, 6 p.m.:

Wacky Wednesday

All Games for \$0.50

Thursdays, 6 p.m.:

Monte Carlo Bowling

Fridays, 6 p.m.:

Ladies Nite

Saturdays, 8 p.m.:

Cosmic Bowling

Buck Bowling:
Wed-Fri, 11 a.m. - 6 p.m.
All Games for \$1.00
Kid's Summer Slam:
Kids under 17 bowl
for \$0.75
(except during Cosmic
Bowling times)



Get our
Frequent Bowler
Card and get every
10th game free!

Hours of Operation:
Mon 17:00 - 21:00
Tue CLOSED
Wed - Thu 11:00 - 22:00
Fri 11:00 - 24:00
Sat 12:00 - 24:00
Sun 12:00 - 20:00

Tel. (0951) 300 7722

MWR Marketing & Advertising (0951) 300 7747

U.S. Army Garrison Bamberg MWR



Summer camps

Space is still available in some
CYS Summer Camps! Contact CYS
Central Registration, Bldg. 7340
or go to
www.bamberg.army.mil

Inside:

Charlotte's Web at Stable Theater - Half Price Car Wash Offer - CYS Summer Camps - 4th of July Celebrations Program - CYS Summer Trips and Camps - Library Summer Reading Program - Warner Club Monday Night Specials & XXL Breakfast - CAC Trips - Multicraft Classes - X-Mas in July Portrait Studio Offer - Auto Skills Classes and Specials - Women's Golf Clinic German-American Reiter Cup Golf Tournament - Music Lessons - Hawaiian Dance Class at FFF - CYS Babysitter Course - Army Community Service Classes - Operation Rising Star & Karaoke Nights at Moonlight Cabin

MWR Monthly Guide JULY

www.bamberg.army.mil

USAG Bamberg Mailroom - 1 July 2007

**Become a CVS certified
BABYSITTER**



July 24-26, 9 a.m. - 3 p.m., \$20
Open for ages 12 - 18



Stable Theater, (0951) 300 8647

Topper Awards
Record Holder



(0951) 300 8647
Warner Barracks
Bldg. 7119

Piano, Guitar Voice Lessons

for Adults (over 16)

Sign-up at

The Stable Theater

Lessons can be arranged directly
with instructor. \$15 - \$25 per half hour

Guitars/Basses, Amps, PAs, Practice Drums
by Day, Week, Month - Cheap!



Auto Crafts, (0951) 300 7546

Basic Automotive Services Class

Sun. July 15 & 29
1 p.m., \$5.00

Free for FRG
members of
deployed troops



Learn how to change oil on
your POV, how to change a
tire or do other minor
services and repairs. Did you
know that you can do your
own repairs on our repair
bays and get assistance from
qualified mechanics? Ask for
our qualification card for use
of automotive crafts shop
equipment and save money!

**1/2 Price
Car Wash**

Every Thursday in July!
Just show your Auto Skills Card.
Every day through the month of July:
Wear your Combat Action Badge or
Campaign Unit patches

Car Wash Hours of Operation:
Wed. - Fri. 10 a.m. - 7 p.m.
Sat. & Sun. 10 a.m. - 6 p.m.
Mon. & Tue. CLOSED

Diagnostic Scan

**every Wed in
AUGUST, \$25**

**BAMBERG
WARNER CLUB**

Monday Night Specials

All You Can Eat
Buffet! Please reserve!

5-8 p.m.

2 July Greek Night
9 July Southern Night
16 July BBQ Night
23 July Seafood Night
30 July Tex Mex Night

**\$14.00 (Adults)
\$6.50 (under 12)**

**Bamberg Warner Barracks
Bldg. 7070
0951-300-7596**

Freedom Fitness Facility, (0951) 300 8890



NEW!

Hawaiian & Tahitian Dance Class

**USAG Bamberg
Freedom Fitness Facility**



Learn the basic Hawaiian and Tahitian
dance steps Tuesdays and Thursdays
bi-weekly, starting June 26, 6 p.m.

Get fit with the moves and sounds of
the islands. No registration necessary.



Call FFF at (0951) 300 8890, DSN 469-8890



Fitness Classes at FFF

Cardio Kick Box

Mon. & Wed. 9:15-10:15 a.m., \$3

Total Body Stretch

Mon. & Wed. 10:30-11 a.m.

Aerobic Body Blast Balls, Bells & Bands

Tue. 4:45-5:45 p.m.
Thu. 10-11 a.m. (targeting Tots in
Tow moms)

Step Aerobics

Wed. 5:30-6:30 p.m.

Tae Kwon Do

Mon. & Wed.
6:30 p.m., \$5/\$30

Mixed Martial Arts

Tue. & Thu. 6 p.m.
FREE!

NEW!

**USAG Bamberg
Freedom Fitness Facility**

Personal Trainer

Hi, I'm Ayla and I offer personal training services to help you achieve
a body fit for you. Contact me and get started on your way to a
healthier life style.



- ~ Initial Consultation
- ~ Physical fitness assessment
- ~ Setting and achieving your fitness goal
- ~ Program design
- ~ One-on-One training
- ~ Learn work out techniques
- ~ Diet program
- ~ Vitamin intake assessment
- ~ Nutrition information class
- ~ Low fat cooking class

PRICE
1 hour single session /person \$25

4 package session: \$ 95.00
8 package session: \$184.00
12 package session: \$270.00



For more information contact Ayla at 0171-4969539
or send me an email:
abodyfitforyou@hotmail.com



4th of July Celebration!

Spend the holiday with MWR and join sports and fun activities throughout the whole day, concluded by amazing fireworks at the end of the celebrations! Scheduled events are:

- **9 a.m.** 4th of July Golf Tournament
- **10 a.m.** 5k Fun Run/10k Race starting at Freedom Fitness Facility
- **1 p.m.** Scavenger Hunt, open to ages 13 years and older starting from Community Mailroom (sponsored by 173rd BSB FRG)
- **2 p.m.** German-American Soccer game at Pendleton Field.
- **4 p.m.** Celebrations begin with free inflatable kids' rides, bungee trampolines, BBQ food, snacks, drinks and beer available for purchase, many other attractions like dunk tank, tug of war, sideshow games, face painting, dart tournaments, football/basketball shootout, county jail, Shoot the Geek paintball tent, demonstrations and more, for small fee or some even free!
- **6 p.m.** Enjoy live entertainment from Rock'n roll band "Kojak". Their latest record "A Radar to Karma" was released April 2007. If you like Weezer, Red Hot Chili Peppers or Audioslave, you'll love their album! Check www.kojakonline.com for more details and music samples!
- **1-6 p.m.** Hot Rod Car Show. See USAG Bamberg's coolest rides, presented by MWR Auto Skills at Friendship Park.
- **5:30 p.m.** Siberian Huskie dogsled rides for kids
- **10:15 p.m.** Fireworks!



MWR wishes all Customers a Happy and Safe Independence Day!




CYS



CYS SKIES Unlimited welcomes its new director, **Archie Johnson**. He comes to Bamberg from U.S. Garrison Vicenza, Italy, where he was working as a Youth Sports and Fitness Director. Archie's favorite motto is "Happy

Attitude every day," He can be reached at DSN 469-7452, bldg. 7116.

CYS Sports and Fitness Office is temporarily located inside the OASIS Teen Center, Bldg. 7669.

FFF now open for youth



Mon.-Fri., 4-6 p.m. CYC is temporarily offering fitness classes for CYC registered youth who want to use the basketball court inside FFF. Changes in

location and activity will be posted on the bulletin board at FFF or in the OASIS Teen Center.

JFK Gym is currently closed for renovation that will result in a new Child and Youth Services Sports and Teen Center. Interior work will continue throughout the fall and winter with a grand opening currently scheduled for the middle of January 2008. The facility is expected to be a hallmark of the CYC program in Europe.

See Paris / France

20-22 July, open to CYC registered youth who have completed 9th grade. \$30. Priority is given to youth with a deployed family member. Trip will be in conjunction with Schweinfurt teens. Contact Randy Lambert at (0951) 300 8641.

Parents Day Out

11 August, 11:30 a.m. - 3 p.m. Free child care is provided for CYC registered children 6 weeks and older. Families with a deployed spouse have to sign up between July 16 and 25. Reservations for "non deployed" families are taken between July 26 and 31. Contact CYC Central Registration and Enrollment at (0951) 300 8660.

See the Leipzig Zoo with MST

4 August, 5:30 a.m. 12 Euros. Open to middle school students. The Leipzig Zoo is one of Germany's nicest zoos. Priority is given to youth with a deployed family member.

Student 2 Student Welcome Week

CYC is greeting all new students to the school and community with a great program to familiarize with their surrounding area, public transportation and fun activities. Open to grades 7-12. Must be CYC registered. Contact Kim Kozel at (0951) 300 7891 or Randy Lambert at (0951) 300 8641.

Ask for the CYC Summer Camp Brochure also available at www.bamberg.army.mil

Tackle Football Summer Camp

30 July- 3 August, open to ages 7-15, 9 a.m. - 12 p.m., \$35; Contact DeWayne Gamble at (0951) 300 8641.



Photo by Wilson Delahoz

Stephanie Coggins is reading a book on deployment to her 3-year-old son Jackson at Bamberg's Community library.

Home Schooling

Tuesdays, 11 a.m. - 1 p.m. Join educational activities at the library. Free Snacks and beverages will be provided.

Anime Club Meeting

Wed. July 11, 6 p.m. Interested in the latest anime cartoons? Bring your favorite one and share your favorite story with other anime fans!

Movie Night

Thu. July 5, 6 p.m.:

Lord of the Rings 1

Thu. July 19, 6 p.m.:

Lord of the Rings 3

Enjoy free popcorn and refreshments!



E-Audio Book Training

Mondays, 6 p.m. Learn how to download audio books for your mp3-player.

Adult Book Club Meeting

Wed. 18 July, 6 p.m. For all people who are interested in latest literature trends and publications.

Book Club for Moms

Tue. July 3, 6 p.m. The community library will request books that you are interested in. Just contact the library staff or call (0951) 300 1740.

Operation Scrap Book

Thu. July 12, 4:30 p.m. Create pages for your scrap book to be sent downrange to your Soldier

Guided Bamberg Tour

Tue. July 17, 1 p.m. Meet at the library and join the guided downtown tour with Andrea Wittkamp. See the Dome, St. Michael's Monastery, Old City Hall, Little Venice.

Tue. July 24, 1 p.m., see St. Stephan's Church, St. Martin and the Obere Pfarre.

Library will be closed 4th of July

Bamberg Community Library Hours of Operation:
Monday - Thursday 11:00 - 20:00
Fridays CLOSED
Saturday and Sunday 10:00 - 18:00



Christmas in July

Make an appointment at the CAC's portrait studio and take advantage of their Christmas in July Special!

Package 1 - \$165.00

(3) 8x10,

(10) 5x7,

(32) wallets

Save \$15

Package 2 - \$125.00

(3) 8x10

(8) 5x7,

(24) wallets

Save \$20

Package 3 - \$125.00

(1) 8x10,

(6) 5x7,

(16) wallets

Save \$15



Join the Coffee Club

Buy 10 coffees, slushies or shakes at the CAC's Café and get one free!

Free Helium Balloons

Every child receives a free helium balloon every Wednesday in July.

Matting & Framing Classes

Sat. 21 July, 10 a.m.

Thu. 26 July, 6 p.m.

Woodshop Safety Classes

Sat. 7 July, 10 a.m.

Thu. 12 July, 6 p.m.

\$15

Patriotic Crafts

Receive 10% off on all red, white and blue mats and frames at the CAC's Arts & Crafts Shop throughout the month of July! Contact Tom Stenson at CAC, Bldg. 7047.

Portrait Studio



Attention:

The CAC will be closed on Wed. 4th of July. See you at MWR Celebration at Friendship Park!

Outdoor Recreation Trips

July Aug

Kayaking on the Main River

7 & 21 July, Free

Tour Under Bamberg

12 July, \$20.00

Legoland

14 July, \$10.00

Glass Blowing Factory

21 July, Free

Neuschwanstein

28 July, \$10.00

Kayaking on the Main River

Aug. 4 & 18, \$5.00

Tour Under Bamberg

Aug. 9, \$20

Europa Park

Aug. 11, \$10.00

Munich Deutsches Museum

Aug. 18, \$10.00

Rothenburg

Aug. 25, \$10.00

Family Canoe Day

Aug. 31, \$5.00 p.p.

Sign Up early!

Sign Up for August Trips starts July 15

USAG Bamberg Library Bldg. 7047. ☎ (0951) 300 1740

Get a Clue

@ YOUR LIBRARY

Summer Reading 2007

Registration starts June 27 - Join the Library on trips to

Nürnberg Zoo



July 11

Rothenburg O.d. Tauber

July 18

Award Ceremony

July 25

CYS welcomes new SAS Director



Claire Aljunaibi is the new School Age Services Director. She came to Bamberg from San Jose, California, where she was working as a special education program specialist. As SAS director she will focus on supporting

the youth and families of USAG Bamberg and to foster and increase a love for learning. Aljunaibi grew up as a Army brat, born in Heidelberg, Germany. She has a five year old son Ramzy.



Whispering Pines Golf Course, (0951) 300 8953



**Bamberg
Whispering Pines Golf Course
Bldg. 7682**

4th of July Tournament

9:00 a.m., 4 person best Ball,
bring your own team
\$15 per person

German-American Reiter Cup



**Sat. July 14
9 a.m.**

\$30 per person, includes Danny's famous BBQ!
Team Play, German vs. Americans, Prizes for 1st 2nd, 3rd
places BBQ at the end of Tournament..



Call 0951-300-8953
or DSN 469-8953

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Women's Golf Clinic

Bamberg's Whispering Pines Golf Course is offering another Women's Golf Clinic in August. Due to the increasing demand the instruction course is offered every Monday and Wednesday in August (Aug. 1, 6, 8, 13, 15, 20, 22, 27, 29, 31) at 6 p.m. Cost is only \$50 per person for all 10 sessions. Call the Golf Pro Shop for more information at (0951) 300 8953.

**Become a Golfer!
Ask for Instruction
Classes**

Whispering Pines Golf Course
Hours of Operation
Tue-Fri 1-6 p.m.
Sat & Sun 8 a.m. - 6 p.m.
Mondays Closed



"Military Idol is now Operation Rising Star!"

Are you serving on Active Duty? Are you a great singer and performer? Do you think you have what it takes to be this year's Rising Star? Operation Rising Star is a worldwide singing competition building on the success of Military Idol and moving the program into a new and exciting era. Operation Rising Star continues for the Army, the excitement and popularity of TV reality shows such as American Idol, Nashville Star, Star Search and Rock Star Supernova. All men and women serving on Active Duty, with any Branch of Service, are eligible to compete at any of the hosting installations around the Army. Contestants perform live during an eight week elimination competition at the installation level, where they compete for prizes and a chance to be their installation's Operation Rising Star winner.

Prizes will be awarded to the 1st, 2nd and 3rd place winners.

- 1st place \$500 and \$500 for the winner's unit funds.
- 2nd place \$250
- 3rd place \$100



**Warm-ups are available Friday, 13
& 27 July, 8 p.m. at Moonlight
Cabin's Karaoke Night.**

Point of contact for **Operation Rising Star** is Allen Vance at the Bamberg Moonlight Cabin, Bldg. 7682. Call (0951) 300 8423. Competitions are scheduled for August/September.

E.B. White's Charlotte's Web



Adapted
by Joseph
Robinette



at Bamberg's
Stable Theater

July 25, 26,
27, 28 7:30pm

July 29 5:30pm

Tickets \$9/\$7

Family Tickets \$25/\$20

Bldg 7119 Call: 0951 300 8647

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**JENNY'S
Snack Bar**

Bamberg Birchview Lanes Bowling Center

Bldg. 7690, Mon 5-9 p.m., Wed-Thu 11 a.m.-10 p.m.
Fri. 11 a.m.-12 a.m.; Sat. 12 p.m.-12 a.m.
Sun 12-8 p.m. Tue Closed. DSN 469-9420



Employment

Find a Job!

Thu. July 19, 10 a.m.-12 p.m.

Resume 101

Mon. July 9, 10 a.m.-12 p.m.

Call Employment Readiness, Mr. Jeff Card, for detailed information at (0951) 300 7777.

**People Encourage People
Free Bamberg
Orientation Class**



**July 16 - 20
8:30 a.m. - 2:30 p.m.
Call ACS at (0951) 300 7777**



Photo Courtesy of U.S. Army

**Exceptional
Family Member
Program EFMP
Screenings available
Bring your
DA Form 5888**

ACS Your Partner in Readiness

**Domestic Violence & Sexual
Assault Reporting Options:
Call FAP at 0951-300-8397**

Proud Parents

Play Mornings / Newborn Network

Bring your children and meet other parents every **Tuesday** (ages 0-12 months) and **Friday** 10 - 11:30 a.m. (ages 1-3 yrs.) at FAP Bldg. 7487. ACS Family Advocacy Program offers Home Visits, Office Visits, Classes and Parental Group Support. Contact FAP at Bldg. 7487 or call ACS at (0951) 300 7773.

Single Parenting Classes

Every Tue. 12-1 p.m. at Bldg. 7487. Learn effective parenting techniques and find out about available resources. Contact FAP at Bldg. 7487 or call ACS at (0951) 300 8397.

Parenting Classes

Every Mon. 12 a.m.-1 p.m. Bldg. 7487. Learn effective parenting techniques.

Couples Communication Class

Every Wednesday, 12-1 p.m. Bldg. 7487. Learn effective techniques to enhance your relationship.

Do you have a crises? Free Confidential Assistance for Short Time Problem Resolution is available for you!
Call Military Family Life Consultants
confidentially:
**0175-600 83 73 or
0151-169 89 433**



JULY 2007



Family Support

Homefront - Relocation Planning

On demand. Learn about resources when relocating from one duty station to another.



Military Homefront contains resources for everyone who is relocating from one duty station to the other. Go to <http://www.militaryinstallations.dod.mil> or ask for the ACS Relocation program.

AFTB Army 103

Tue.-Thu. July 10-12, 8:30 a.m. - 2 p.m.
Limited free child care available!

English as a second language, ESL

Tuesdays and Thursday

Beginners 7:30-9:30 a.m.
Intermediate 9:30-11:30 a.m.
Advanced 12:30-2:30 p.m.

Unit Support

Unit Sponsorship

On demand! Learn to be an effective sponsor for Soldiers and families. Call (0951) 300-7777 for more information.

Relocation Planning

ACS can help you to plan your next move. Make an appointment or set up a group class. Call (0951) 300-7777!

**Make a Difference and
Become an Emergency
Placement Care
Provider!
Call (0951) 300 7777**

Finances

Debt & Credit Management

Wed. July 11, 9:30 a.m. - 11:30 a.m.

Checkbook Management

Wed. July 11, 1:30 - 3:30 p.m.

Home Loans

Wed. July 18, 1 - 3 p.m.



Photo Courtesy of U.S. Army

Financial Management

On a monthly basis, can be done at ACS, FRG specified location or at your unit.

Investing & TSP

Wed. July 18, 9:30 - 11:30 a.m.

**E-mail
ACS Bamberg:**

[BambergACSCustomerService@
cmty@mail.98asg.army.mil](mailto:BambergACSCustomerService@cmty@mail.98asg.army.mil)
DSN 469-7777